

SEQUENCE FOR DOFFING PERSONAL PROTECTIVE EQUIPMENT (PPE)

REMEMBER! The outside and front of your PPE, including the sleeves of the gown, are contaminated. If hands become visibly contaminated during PPE removal, wash hands before continuing.

1. REMOVE GLOVES

- Grasp outside of glove with opposite hand, peel off
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist
- Peel glove off over first glove
- Discard gloves in waste container
- Perform hand hygiene



2. REMOVE PROTECTIVE EYEWEAR

- To remove, handle by headband or ear pieces
- Place in designated receptacle for reprocessing or in waste container



3. REMOVE GOWN

- Unfasten ties
- Pull away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard in waste container



4. REMOVE FACE MASK

- Remove by handling the bottom ties or elastics first, before the top ties or elastics
- Discard in designated waste container



5. PERFORM HAND HYGIENE

- Wash hands with soap and water or use an alcohol-based hand rub immediately after removing PPE

